



THE INNER COUNSELORTM PROCESS

C-ICPTM Program Frequently Asked Questions

- **When is the program offered?**
 - The program is offered twice a year. Join our mailing list to receive announcements of the next class.
- **Does the training fee cover the certification?**
 - YES. All participants who complete the requirements of the program successfully will become a certified ICP Practitioner. If a participant needs additional training, Dr. Shannon will connect them with the support they need on a case-by-case basis to ensure they can complete the certification process successfully.
- **I am not a mental health professional and wondering if this training is for me?**
 - As long as you are in the helping profession (coaching, healthcare, psychology, ministry, bodywork etc.) and have strong empathic skills, this process will teach you how to do the rest! You will receive supervision from Dr. Shannon and her certified practitioners for developing presence, skill and truly help your clients get unstuck so they can deeply benefit from your coaching/healing and make incredible progress.
- **Do I receive personal mentoring with Dr. Shannon?**
 - Yes, Dr. Shannon has kept the certification program to 30 people and the small groups to 15 so she can directly mentor and guide those who are training in the ICP.
- **How involved is Dr. Shannon in this training?**
 - She is the main presenter and teacher for all LIVE and pre-recorded events. The group supervision will be shared with her highly trained and hand-picked certified trainers as Dr. Shannon cannot be in all sessions at the same time.



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- **When does the program start?**

- The Inner Counselor Certification Program begins with a powerful live 3-day virtual retreat, which sets the tone for your personal and professional transformation. This immersive retreat is typically held twice a year and is designed to help you deeply experience the Inner Counselor ProcessTM yourself before learning to facilitate it with others. The retreat includes live teaching, experiential practices, and guided integration to ground you in the method from the inside out.
- After the retreat, the journey continues over the course of 12 weeks. You'll participate in:
- Four small-group mentoring sessions with Dr. Shannon, held every other week. These intimate sessions offer direct guidance, case discussion, and skill-building.
- A ½-day live integration session held midway through the program, designed to reconnect, recalibrate, and refine your confidence as a facilitator.
- Follow-up case consultation opportunities toward the end of the program, where you'll receive individualized feedback and support on your facilitation work.
- All learning experiences are paced intentionally to support your growth without overwhelm, giving you space to integrate the material and practice the process with clients. The program culminates in the opportunity to submit your certification requirements and complete your journey as a Certified Inner Counselor FacilitatorTM.
- We provide a full schedule upon registration, and all required elements are designed to be completed within the 12-week container. Whether you're joining to enhance your current practice or to offer this powerful work in a new way, you'll be guided every step of the way.



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- **What's included in the program?**

- We will begin with a LIVE 2 ½ day immersion retreat. During this time, you will get to experience the Inner Counselor Process for your own healing as well as practice it with others.
- You will discover the nature of the Soul or your Higher Self and develop a relationship with this powerful, inner counselor so you can guide clients to do the same. Participants find this immersion deeply restorative, fun, healing, connecting and rejuvenating.
- Following the immersion, there will be 4 -2 hour LIVE small group sessions to dive deeper into the Journey to Awakening Manual and LIVE classes taught by Dr. Shannon to expand your understanding of consciousness, healing and spiritual psychology.
- In the middle of these 4 sessions there will be a ½ day LIVE immersion. This will give you time to drop into and utilize what you are learning with each other.
- You will have 2 case consultations scheduled with Dr. Shannon and her certified practitioners.
- You will also receive, Pre-recorded live modules (3-5) designed to expand and support your mastery of the Inner Counselor Process as well as a final quiz to pass (and you will<:) before you are certified.
- The total program is 12 weeks with a one-on-one, certification meeting at the end with Dr. Shannon and/or one of her certified practitioners.

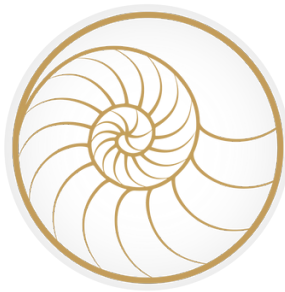


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- **Is this program a live, in person training that I will have to travel to?**
 - No. This program is LIVE on Zoom so you can heal, grow and learn from the comfort of your own home wherever you live! Dr. Shannon does offer in person training but those are usually for Advanced courses.
- **Is there a payment plan?**
 - Yes. If you need a payment plan, Dr. Shannon offers several options for this to happen. If you are accepted to the program, she or her staff will share these options with you.
- **How do I know this program will work for me?**
 - Dr. Shannon has been teaching and training people in this work for almost 20 years. This process and program is time-tested and proven to help you heal as well as help your clients transform whatever holds them back. It truly is the most powerful, effective and rapid modality. See testimonials from those certified in this process.. Dr. Shannon gives you a roadmap she has been using for years within the certification program to ensure your success!
- **Will I be considered a Certified Inner Counselor Practitioner (C-ICP) when completing this program?**
 - Yes! As long as you complete the requirements and follow the steps outlined for success, you will receive the certification upon completion. Once certified, you will be added to Dr. Shannon's growing list of certified practitioners on her website and can receive referrals as a certified practitioner in your area. Dr. Shannon frequently refers to her certified practitioners as her private practice is very limited due to her teaching and training schedule.



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- **Can I use the Inner Counselor ProcessTM with other modalities that I am already trained in?**
 - The ICP is a stand alone process however other clinicians have integrated it into their practice using it with other modalities such as Coaching, EMDR, Brainspotting, CBT, Internal Family Systems, Emotional Freedom Technique, Energy work, hypnotherapy, energy psychology and Solution focused therapy just to name a few. It has been shown to enhance other modalities very well if used with effectiveness and understanding.
- **Will I be able to purchase The Journey to Awakening Manual that goes with this course on my own?**
 - The Journey to Awakening Manual written by the Founder of the Inner Counselor process, Dr. Ann Nunley is not for purchase on its own. It is however, an essential component of the coursework and certification process as well as the LIVE experiential learning. You will be receiving it if you are one of the 30 participants chosen for the certification program. It was not meant to be a stand alone manual and is used in conjunction with the C-ICP program.
- **I would love to talk with someone about my questions. Is there anyone I can speak with?**
 - Please email Shannon@drshannonsouth.com with any questions or to schedule a clarity call.



THE INNER **COUNSELOR**[™] PROCESS

C-ICP[™] Program Frequently Asked Questions

- **Notes:**